

# BEING PERFECTLY FRANK WITH YOU

*Images & Reflections  
To Enlighten & Renew Your Spirit*



F. X. DANITI

*REVISED & EXPANDED EDITION*

# Introduction

From as far back as I can remember, I have always wanted to express my inner thoughts and feelings in a creative way. It seemed to me that the spoken or written word alone delivered my message but was not always complete enough to convey all I wanted to say or felt inside. It became apparent over time, after experimenting with sketching, oil and acrylic painting, and eventually photography, that I could greatly strengthen my thoughts with photographic images.

A life changing decision I made several years ago was to take advantage of my strong desire to see and experience the American Landscape. With every opportunity afforded to me I packed up my photographic gear and explored our vast countryside either on my own or with other photographers sharing similar interests. Journeys ranged from my hometown environs of New York City and New Jersey on the East coast to the scenic Southern and Western states including the Pacific Northwest. One trip even brought me to the Canadian Rockies. Each time I was very fortunate to come home with several satisfying photographs that took me back to those exciting places, whether by viewing them in print form or recalling them in my memory. The images allowed me to see, feel and experience the moment once again.

So, with that in mind, the intent of *Being Perfectly Frank With You* is to combine many of my favorite photographs with a number of thought provoking insights having great meaning in my life. These include insights that came to me as an outgrowth of living through many of life's trials and tribulations or spontaneously at various moments in time. My hope is the photographs and insights together will not only fulfill the intent that a picture is worth a thousand words (and words that help create a thousand positive images), but to also have you, the reader and viewer, experience an enlightenment that in some positive way might make the road to finding more understanding and meaning in your life a reality.

This revised and expanded edition incorporates additional pages and refinements from the knowledge I have gained since the original book was published. May I suggest that in order to get the most out of what this book has to offer, please allow enough time to absorb each passage and contemplate each photograph. I sincerely thank you for your interest in my work and hope you come away with a part of my life that gives you more richness and meaning in yours for years to come.

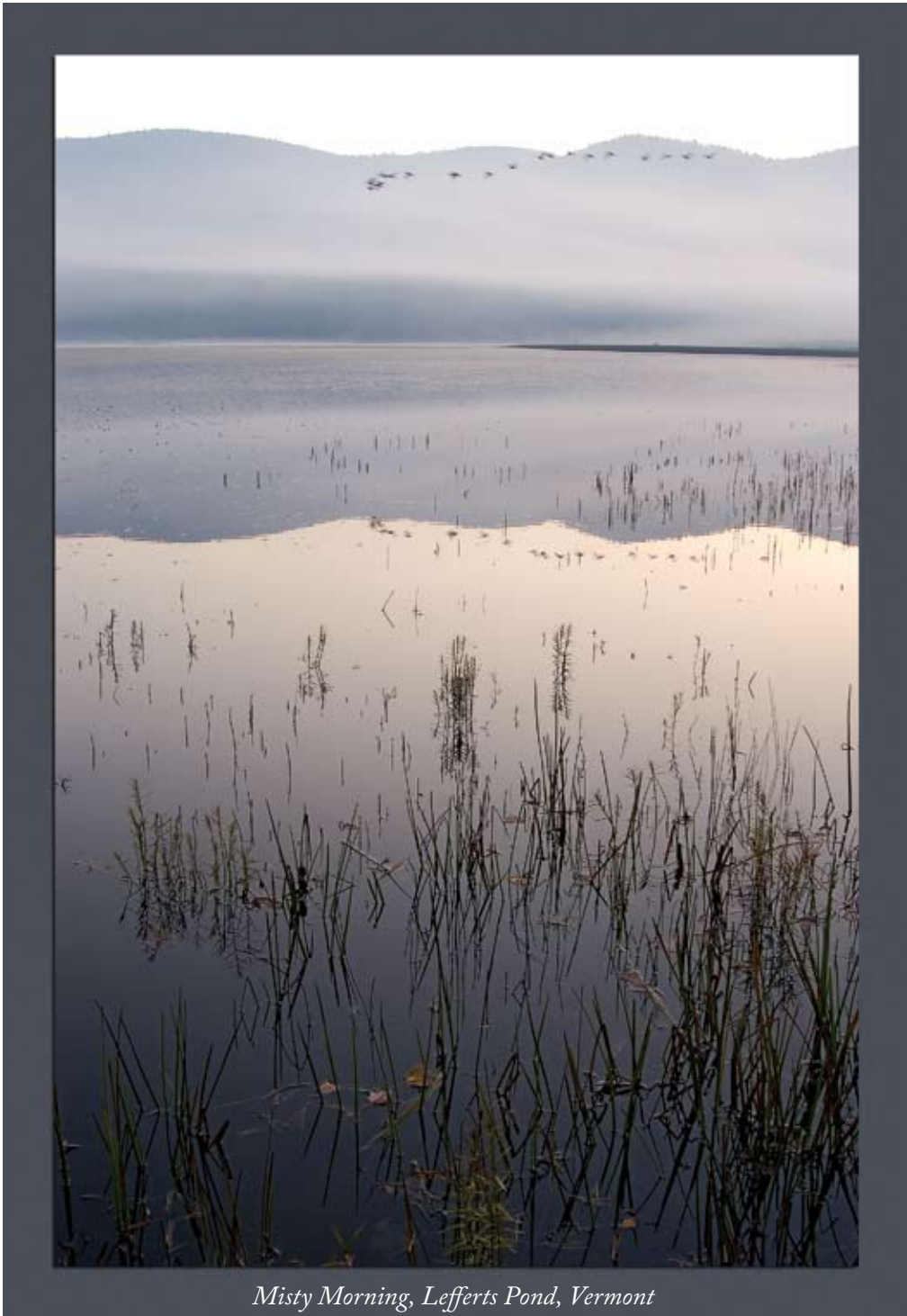
May your journey always be boundless,

F. X. Daniti



*Early Morning, The Grand Canyon, Arizona*

Every Journey Is A New Beginning



*Misty Morning, Lefferts Pond, Vermont*

When You Feel Good About Yourself  
You Really Know Where You're Heading

Remember To Live Your  
Dreams Every Day...



*Dandelion, Brooklyn, New York*



*Aspen & Wild Flowers, Uncompahgre Forest, Colorado*

Or You May Find Yourself  
Living Someone Else's



*Snow Covered Midland Beach, Staten Island, New York*

This Day Can Be The Beginning Of The Rest Of Your Life  
If You Choose To See It That Way



*Upper Antelope Slot Canyon, Paige, Arizona*

Trust Yourself To Know The Right Answers  
Because You Know Yourself Better Than Anyone Else



*Aspen Grove, Uncompahgre Forest, Colorado*

Be All You Can In Ways That Add Balance To Your Life



*An Early Morning Stream, Harriman State Park, New York*

To Experience Life Follow A Known Path

To Experience All That Life Has To Offer Follow Your Heart



*A Gentle Waterfall, Leferts Pond, Vermont*

Learn All You Can From Mistakes And Move On  
Give Them No Further Power Over You



*Daisies, Banff, Alberta, Canada*

Making A Decision And Being Wrong Some Of The Time  
Is Better Than Not Making Any Decision At All



*Early Morning Clouds, Ouray, Colorado*

All The Words In The World Mean Nothing  
Unless You Act On Them Or Let Them Act On You



*Pathway to the Shore, Long Beach Island, New Jersey*

Look To This Day For All It Can Be  
Because It Will Never Be Here Again



*Morning Mist, Lefferts Pond, Vermont*

When Life Is Overwhelming Remember To Always Press On  
For It Is At That Moment You Will Experience  
The Most Overwhelming Growth

# *Being Perfectly Frank With You*

Revised and Expanded Edition

*Being Perfectly Frank With You* artfully joins the written word with inspiring photographs of nature to reflect on and expand one's thoughts, beliefs and feelings to new horizons. It is about the bonding of art and phrases with interpretation and enlightenment. Your spirit will enjoy the visual break.

Each full-color photograph includes a caption describing the location and content of the scene.

Throughout his youth, Author F. X. Daniti spent hours sketching various images with pencil and charcoal as well as oil and acrylic media. It was not until the latter part of the author's teen years that he discovered photography, an interest that evolved and grew stronger right up to the present day. Now, with the advent of digital photography, the author's interest in the photographic art is reaching a joyous pinnacle.

F. X. Daniti received several awards in local, national and international photography contests, and his work has been published in newspapers, ecclesiastical and commercial publications including a major national photographic magazine.

“Look for the light every day to show you the way.”

“Remember to live your dreams every day...”

You can view more of the author's work at [www.fxdigitalphoto.com](http://www.fxdigitalphoto.com).

